

# QUEBEC CITY WHEN THE SHOOTER ENTERED THE MOSQUE

Eyewitness accounts, **metroNEWS**

# Edmonton metro



Oilers' Report	1st	2nd	3rd	FINAL
EDM	0	2	0	2
MIN	2	2	1	5

Coverage, **metroSPORTS**



**EMERGENCY DEBATE**  
Lift 'artificial,  
arbitrary' cap on  
Syrian refugees,  
Mr. Prime Minister  
**metroNEWS**

Your essential daily news | WEDNESDAY, FEBRUARY 1, 2017

High -6°C/Low -17°C Here we go again  



KEVIN TUONG/FOR METRO

## 'WE NEED TO KNOW THE HISTORY'

A part of our past gets some long-awaited recognition thanks to Black History Month **metroNEWS**

## Skyscraper could pose risk to river valley

**DEVELOPMENT**

**This is not an invitation for future pitches, mayor says**



**Jeremy Simes**  
Metro | Edmonton

Some Edmonton residents say allowing developers to build an 80-storey skyscraper on river valley land could open the door to more development in one of the city's greatest natural assets.

City council is currently considering selling a piece of public river valley parkland that would become the site of a 280-metre tall tower in the Quarters.

Developer Alldritt Land Corporation has proposed a property called the Quarters Hotel and Residences, that would carve into the top bank of the river valley at Grierson Hill Road and Jasper Avenue.

After getting new information on the proposal Monday councilors pushed the debate on the potential land sale to Feb. 14. They also asked administration to come

back with a report with more information that will be made public.

Alldritt has argued the tower would create an "urban balcony" that would draw pedestrians to the area and give them an expansive view of the river valley.

But some residents disagree, arguing it would obstruct views and affect wildlife.

"It doesn't just impact the nearby communities — it impacts Edmontonians who are driving through Jasper Ave and for others who visit that part of the river valley," said resident Alice Major, who attended the meeting with other concerned residents. "If they start selling park land as private land, where does it stop?"

Mayor Don Iveson told reporters Tuesday he's heard concerns the development sets a precedent, but said this proposal is a unique circumstance.

He said the proposal is an opportunity worth exploring, and would give a boost to attempts to revitalize the east side of downtown.

"I wouldn't want this to be interpreted by anyone that this is an open invitation to bring development proposals on slopes around the city that are part of the city's park system."

THE NEW 2017  
**COROLLA iM**  
JOY THAT LASTS

toyota.ca



**WITH TOYOTA  
SAFETY SENSE™  
STANDARD:**



**TOYOTA**

\*Drivers should always be responsible for their own safe driving. Please always pay attention to your surroundings and drive safely. Depending on the conditions of roads, vehicles, weather, etc., the TSS systems may not work as intended. Please see toyota.ca, your local Toyota Dealer or Owner's Manual for details.



## CONTROVERSY

# Theatre cancels Othello after actors allegedly threatened



Walterdale Theatre says it received threats over the casting of a white woman, Linette J. Smith, in the title role. CONTRIBUTED



**Kevin Maimann**  
Metro | Edmonton

The actor slated to play Othello in a controversial Edmonton theatre production has apologized after the show was cancelled.

Walterdale Theatre announced late Monday that it was cancelling the production, nine days before its opening date, after actors were threatened over the

casting of a white woman in the lead role.

The titular role, that of a powerful Moorish general of the Venetian army, is traditionally played by a man of colour.

Linette Smith posted to Facebook Tuesday that she made a mistake by accepting the role.

"I am so sorry and I own it 100%. I did not think through in the accepting of Othello and the impact and pain it would cause," she wrote, adding that

she chose to leave the role and is grateful for the conversation that has happened as a result of the controversy.

"I pledge to do better, to grow and heighten my awareness and sensitivity and understanding of privilege," she wrote.

Walterdale's production of the 400-year-old play was slated for an 11-day run starting Feb. 8 and was billed as a "gender-bending" take on a classic.

Adam Kuss, president of Wal-

terdale Theatre's board of directors, said in a statement that the decision to cancel Othello was "heart-breaking" but added, "We can't continue with a production where the safety of members of our cast has been threatened."

Edmonton Police Service spokesperson Scott Pattison said an individual from the Walterdale Theatre who allegedly received online threats met with an EPS constable Tuesday but chose not to file a formal complaint.

3,145 PRIZES WORTH MORE THAN \$4.9 MILLION RETAIL

For Matea's full story visit [starslotteryalberta.ca](http://starslotteryalberta.ca)

**GRAND PRIZE #1**  
WORTH  
\$998,000 RETAIL

**Calgary Home**  
9 Crestridge Rise SW,  
Crestmont



**GRAND PRIZE #2**  
WORTH  
\$973,979 RETAIL

**Edmonton Home**  
7445 Colonel Mewburn Road,  
Village at Griesbach



**GRAND PRIZE #3**  
WORTH  
\$870,450 RETAIL

**Red Deer Home**  
22 Lindman Avenue,  
Laredo



**GRAND PRIZE #4**  
WORTH  
\$780,000 RETAIL

**Lethbridge Home**  
68 Greywolf Road North,  
Blackwolf



## COMMUNITY SUPPORT SAVED MATEA'S LIFE



Because of Albertans' steadfast support of the STARS lottery, Matea was able to celebrate her first birthday.

For two weeks one winter, it seemed Matea's parents might never see that day, or have the chance to watch their daughter learn to walk, play with her sister or begin Grade One. A severe blood infection left the eight month old lethargic, swollen and struggling to breathe. Her veins were collapsing. The rural doctor knew Matea needed urgent critical care in the city and feared time was running out. He called STARS for help.

As the helicopter left, with Matea in the care of STARS' air medical crew, her parents felt a flood of relief knowing she was in excellent hands.

Two weeks later, on Matea's last night in hospital, her mother Pam wrote a letter. In it, she counted her blessings and expressed her gratitude. She told her young baby how tremendously grateful she was to have one more day, week, month, year, or decade together.

Every day, parents Pam and Terrace and sister Keziah thank Albertans for helping save Matea's life.

[starslotteryalberta.ca](http://starslotteryalberta.ca) 1-888-880-0992

Tickets only \$25 each, 3 for \$60, 6 for \$100 and 18 for \$250

Please see the website for full rules and details. Sold Only in Alberta. Lottery Licence #440947 | LUCKY STARS 50/50 Licence #440948

Prizes may not be exactly as shown.



Alex Muirhead was a highly sought-after taxidermist. CONTRIBUTED

## 'True artist' remembered

## TALENT

### Daughter, son mourn loss of their dad, a taxidermist



**Tim Querengesser**  
Metro | Edmonton

Alex Muirhead was a single dad whose children describe him as a generous, hardworking man and "a true artist."

But Alex's art is the key to understanding him, and why news of his death has caused such a stir in some Edmonton circles: Alex was a taxidermist, and one of the last.

So rare and sought after are the services that Advantage Taxidermy offered in Edmonton that when news of Alex's death, on Jan. 11, got out, Alecia Muirhead, his daughter, said people were showing up at their door as the family tried to grieve, asking to get their animals back.

"It's been a trying time," Al-

ecia said Tuesday. "We are trying to grieve."

Alecia said she and her brother, Mike, catalogued their dad's partly finished work and work that Alex hadn't started in an effort to return everything, which she estimated in the hundreds of items.

After that, she said Edmonton District Fish and Wildlife officials retrieved the remaining animals and will be distributing them on behalf of the family.

Alecia said her father raised her and her brother on his own, after their mother died young, and gave them a "wonderful" life. He'd been a taxidermy enthusiast since he was nine years old, she said.

She said taxidermy was his passion, but he kept the work in the garage — no bear heads or stuffed birds were in the family home. Instead, they had live pets.

"He was just a hard working, true artist," Alecia said.

"Taxidermists are all quirky and unique, but he had a fantastic sense of humour. He was a giving, compassionate man."



Taxidermists are all quirky and unique, but he had a fantastic sense of humour. Alecia Muirhead





# Women's safety a concern

REPORT

## Political action, domestic violence are key issues: Data



**Jeremy Simes**  
Metro | Edmonton

For the first time, the city has released a wide-ranging analysis into the specific experiences of women in the city — and found that there's some room to improve, according to Coun. Bev Esslinger.

The Edmonton Women's Quality of Life scorecard awarded Edmonton a C grade based on a report regarding a range of factors from political empowerment to domestic violence.

The report also looked at how women in the city fared compared to our national and prov-

incial counterparts.

Esslinger released the results Tuesday, alongside members of the city's Women's Advocacy Voice of Edmonton (WAVE) group.

The analysis was prompted by previous reports that declared Edmonton to be the worst city in the country for women. The Canadian Centre for Policy Alternatives, for example, ranked the city dead last in 2014 because of a large wage gap, and high rates of domestic violence.

"That was really the catalyst to say, 'Are we?'" Esslinger said.

"So we said, 'What's important for us?' and let's measure that, and hold ourselves to account so that we're really changing and improving lives in Edmonton."

The report was broken into five categories, including finance and economy; leadership; political empowerment and participation; education; health and wellness; and safety.

Edmonton women were above or on par with national rankings

**“It can be something as simple as shovelling your neighbour's walk or helping out at your kid's school. That's taking leadership.”**

Sandra Woitas

in finance and economy, education, and health and wellness.

But scores dropped for safety and leadership, political empowerment and participation.

Of particular concern is Edmonton's domestic violence rate. Currently 1,648 per 100,000 women face abuse, which is more than double the Canadian rate of 526 per 100,000 people.

"We knew we had work to do under safety," Esslinger said. "So we thought if we had a benchmark, we can work forward and improve on it."

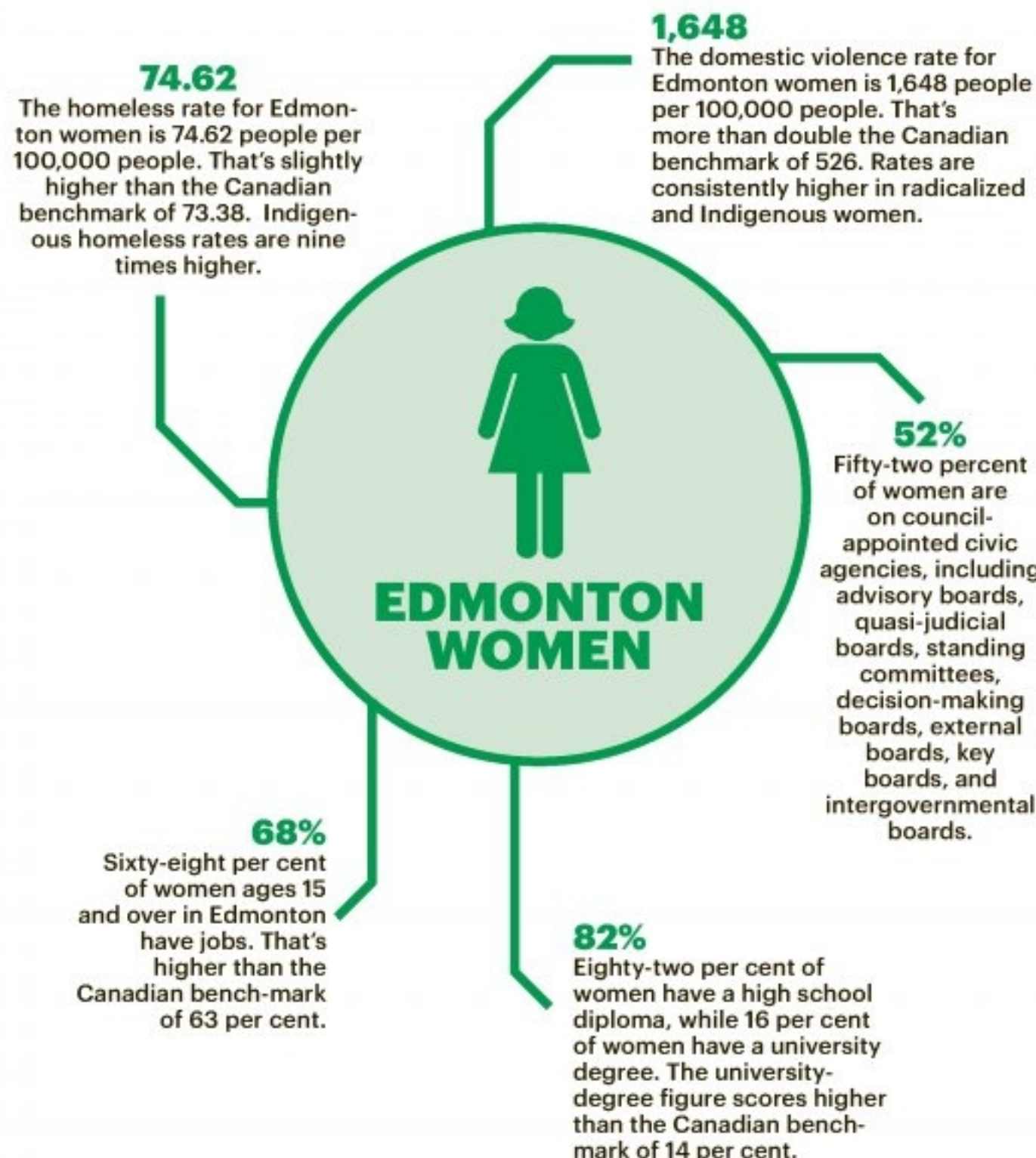
Sandra Woitas with WAVE also highlighted the importance of encouraging more women to run for office, get involved in political campaigns or take a leadership role.

"It can be something as simple as shovelling your neighbour's walk or helping out at your kid's school," she said. "That's taking leadership in your own backyard."

Esslinger said the city will use the data from the report as a guide for policies and determine where work is needed most.



Coun. Bev Esslinger says Edmonton isn't doing so bad when it comes to the experiences of women in the city, though adds there's room for improvement. KEVIN TUONG / FOR METRO



**YMCA of Northern Alberta**  
Edmonton Region

*"I lost 145 pounds and I'm off my diabetes medication. The YMCA has given me back my life."*

**Jamie**, now a YMCA personal trainer and fitness instructor



**ENTER TO WIN  
A YEAR MEMBERSHIP**

— AND GET YOUR —

**FIRST MONTH FREE**

**ymcaFREEmonth.com**

**Enter now!**

**Edmonton Locations**

Castle Downs  
Family YMCA  
11510-153 Avenue

Don Wheaton  
Family YMCA  
10211-102 Avenue

Jamie Platz  
Family YMCA  
7121-178 Street

William Lutsky  
Family YMCA  
1975-111 Street

\*Offer expires February 28, 2017. Some conditions apply. Amenities vary by location.



## LEGISLATION

## Proposed Municipal Act changes shared

The Alberta government is sharing the proposed changes to the Municipal Government Act, the second largest piece of legislation it enforces, and one that has an effect on everyone.

"The MGA impacts every single person in our province, so it's important that we continue to engage Albertans every step of the way," said Shaye Anderson, the minister of municipal affairs, in a release Tuesday.

Anderson said he's picking up where the former PC gov-

ernment left off on modernizing the act and posting the regulations "to ensure that all Albertans have time to review them and provide their input."

The Municipal Government Act has increasingly come into focus in recent years as municipalities and especially cities like Edmonton and Calgary — where a majority of the province's residents live — struggle to raise adequate revenues through property taxes to fund their contributions to infra-

structure such as LRT and services, such as waste treatment.

"In December, Mayor Don Iveson told Metro that the funding Edmonton receives from the province, who define the scope of the MGA, is also unpredictable — noting, at the time, the Municipal Sustainability fund and the city's struggles with it."

At odds in the government's changes are the differing concerns of residential tax payers and business tax payers, as

properties are taxed differently under the act. The Alberta government notes non-residential property taxation rates — think businesses, vacant lots — has increased far more rapidly than residential rates.

The set of proposed regulation changes shared Tuesday will be open for comment for 60 days, officials said. Two other sets are in the pipeline and will also be shared for 60 days each, they said.

METRO

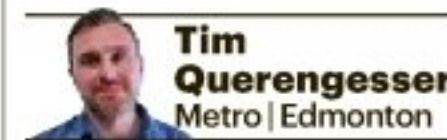


Brnesh Berhe says Black History Month is becoming more focused on the local in Edmonton. KEVIN TUONG/FOR METRO

## Knowledge over hate

## CIVIL RIGHTS

### Black History Month formally recognized in Alberta



When Brnesh Berhe was in school black history wasn't a major part of the curriculum — leaving her to learn about key bits of the province's black history through word of mouth.

Indeed, Berhe said she didn't know about the Ku Klux Klan's recent past in Edmonton — they printed a newspaper, *The Liberator*, out of a downtown building in the 1930s — until someone tweeted a historian's work on the story.

But Berhe, a local writer whose parents immigrated to Canada from Eritrea, said this gap in local knowledge is changing, thanks to historians who are unearthing new information.

And that's why she thinks Black History Month in Edmonton, which runs this February and which Alberta proclaimed for the first time ever Tuesday, will fall more firmly on the local.

"I think some people in Edmonton when they see these events they ask, 'What's the need for it?'" she said. "That history is right there, and if

we're going to fix the s— that's going down we need to know the history."

Indeed, the event comes in the wake of several anti-black incidents in Edmonton in 2016 — several people being called the violent "N-word" caught on film or otherwise, which Metro has reported on.

Somewhat fittingly, this year will be the first Edmonton officially recognizes the month with political involvement at the highest level, thanks to Edmonton-Centre MLA David Shepherd's push.

While in the past, Berhe said Black History month could often look to the United States' black history — civil rights, Martin Luther King — during the festivities, this year things are a bit different.

"I think locally there's a lot of push to talk about what's happened in Edmonton and Alberta," Berhe said. "There's a lot of people that don't know about that history, even other black people."

The provincial government's first official recognition of Black History Month will be marked with a ceremony on Thursday at 6 p.m. at the Legislature.

Shepherd, who has also created a petition calling for an African-Canadian Heritage Day in Alberta, said it's time to go bigger with the event.

"Our province needs to seek opportunities to recognize and share about the history and experience of Albertans of African descent," he said, on a page devoted to the event.

“There's a lot of people that don't know about that history, even other black people. Brnesh Berhe

# The Big Gig Event.

Only 'til Feb 6

The lowest price on our \$45 plan with 6GB of data, plus a \$0 ZTE phone.

Never-before, and likely never-again, this incredible savings offer makes the \$45 plan more affordable than ever, if you act now.

~~\$45~~  
**\$35** PER MONTH FOR 10 MONTHS  
**6GB\***

- Unlimited Canada/U.S. talk
- Unlimited global text

**Freedom**  
mobile



\$0 ZTE on MyTab

freedommobile.ca

Learn more at freedommobile.ca. The Smartphone 45 LTE plan is available for a limited time and is subject to change or cancellation without notice. \*6GB of data includes 3GB of bonus data per month. Bonus 3GB will only be applied to the plan until January 31, 2018. The \$100 service credit offer and \$99 MyTab Bonus offer on the ZTE Grand X 4 are available until February 6, 2017 and are subject to change or cancellation without notice. To be eligible for the \$100 service credit, you must activate a new Pay Before or Pay After line on an "Eligible Plan" (Smartphone 45 LTE, Everywhere 45, or Everywhere 55 plan). A \$10 monthly credit will be applied to your account for up to 10 months to a maximum of \$100. The credits will start to be applied to your account as a top-up before tax on your 2nd top-up date (for Pay Before customers) or as a bill adjustment before tax on your 2nd bill (for Pay After customers). To be eligible for the \$99 MyTab Bonus offer, you must activate a new service or upgrade your phone to a ZTE Grand X 4 on MyTab and sign up on an Eligible Plan. MyTab terms and conditions apply. In addition, a downgrade fee of up to \$99 will be charged if you switch to any plan other than an Eligible Plan within 24 months of activation or upgrade. The amount of the downgrade fee will be prorated based on the number of months left in the 24 month term. These offers may not be combined with any other in-market offer, with some exceptions. Additional terms and conditions apply. ZTE and ZTE Grand X 4 are registered trademarks or trademarks of ZTE Corporation. Screen image simulated. The Freedom Mobile name and logos and other words, titles, phrases, marks, logos, icons, graphics are trademarks of, or are used under license by, Freedom Mobile Inc.



# 150 WAYS of looking at Canada

POSTCARD #1

## LONSDALE QUAY, VANCOUVER, B.C.



I TOOK THIS PHOTO AT LONSDALE QUAY, NORTH VANCOUVER, B.C., SEEING DOWNTOWN VANCOUVER ON CHRISTMAS DAY, 1987. I WAS THERE WITH MY HUSBAND ON OUR HONEYMOON, AND WE WENT BACK TO JAPAN THE NEXT DAY WITHOUT EXPECTING WE WOULD COME TO CANADA 24 YEARS LATER. **MAYUMI HIGUCHI, VANCOUVER**



**SEND US YOUR POSTCARD** Each day until July 1, Metro will feature one reader's postcard in our editions across the county, on Metronews.ca and our 150postcards Instagram page. You can get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. You can email us at [scene@metronews.ca](mailto:scene@metronews.ca) or post to Instagram or Twitter with the hashtag #150postcards.

### JUSTICE SYSTEM

## Man who beheaded bus passenger seeks discharge

The mother of a man beheaded by a fellow bus passenger in Manitoba says her son's killer is seeking an absolute discharge almost eight years after he was found not criminally responsible.

Carol de Delley, in a social media post last week, said justice officials told her Vince Li - who now goes by the name Will Baker - will ask the Criminal Code Review Board for a discharge at a hearing Feb. 6.

If granted, no conviction will be registered and he won't be required to follow any conditions, de Delley wrote on Facebook.

She suggested a discharge is "the lowest-level adult sentence that an offender can get."

"The offender is finished with their case that day," she wrote.

Baker killed Tim McLean during a bus trip along the Trans-Canada Highway near Portage la Prairie in July 2008. He sat next to the 22-year-old McLean on the bus after the young man smiled at him and asked how he was doing.

Baker said he heard the voice of God telling him to kill the young carnival worker or "die immediately."

He repeatedly stabbed McLean while the young man fought for his life. As passengers fled the

bus, Baker continued stabbing and mutilating the body before he was arrested.

He was found to be not criminally responsible due to a mental illness - schizophrenia.

Baker was originally kept in a secure wing at the Sellkirk Mental Health Centre, but the board has granted him increasing freedoms

**This has been one of the most positive experiences that I've ever had in working with a person with a mental illness.** Chris Summerville

almost every year.

His medical team has said he has been a model patient and understands the need to continue to take anti-psychotic medication.

At his last review board hearing, Baker was granted the right to live on his own, but subject to monitoring and random drug tests.

Chris Summerville, CEO of the Schizophrenia Society of Canada, said he has met with Baker on several occasions over the years.

He declined to get into specifics due to confidentiality, but said "this has been one of the most positive experiences that I've ever had in working with a person with a mental illness."

Summerville said the board's review will take into account detailed evidence from Baker's treatment team.

"There's nothing casual about it," he said. "The review board takes into consideration public safety and that is the top priority."

The Supreme Court of Canada

ruled in 1999 that a review board must order an absolute discharge if a person doesn't pose a significant threat to public safety.

The ruling added there must be clear evidence of a significant risk to the public for the review board to continue imposing conditions after a person is found not criminally responsible.

Archie Kaiser, an expert in mental health and the law at Dalhousie University in Halifax, said there's a poor public understanding of what "not criminally responsible" means. The emphasis must be on the individual's treatment and potential risk to the community, not on punishment. THE CANADIAN PRESS

# Monitor online ads for kids: Advocates

### HEALTH

## Want feds to stop any that boost bad food choices

The Heart and Stroke Foundation is calling on the federal government to restrict online marketing of unhealthy foods and beverages aimed at children and teens, saying that high-volume promotional tactics are setting up young people for obesity and lifelong health problems.

The foundation is calling for the elimination of marketing of all food and beverage products to children and youth under age 17.

A study commissioned by the foundation determined that collectively children are exposed to 25 million food and beverage ads a year on their top 10 favourite websites, and more than 90 per cent of products viewed by both kids and teens online are for products

considered unhealthy because of high concentrations of sugar, fat or sodium.

"I was very shocked by the numbers because they were so high," study author Monique Potvin Kent, an assistant professor in the school of epidemiology, public health and preventive medicine at the University of Ottawa, said of the exposure to web-based ads.

For children aged two to 11, the most frequently advertised categories were fast-food restaurants; cakes, cookies and ice cream; and breakfast cereals.

Kellogg's Pop-Tarts took top spot for most ads for a single product on both children's and teens' favourite websites. Kellogg's Corn Flakes and Red Bull Energy Drink made the top five of most frequently advertised products for both kids and adolescents aged 12 to 17.

The Heart and Stroke 2017 Report on the Health of Canadians, released Wednesday, examined how unlimited food and beverage marketing targeting children and teens is affecting their food and beverage preferences and potentially their health.

age preferences and potentially their health.

In the last 35 years, the number of Canadian children with obesity has tripled, with almost one in three now defined as overweight or obese. Obesity puts children and adolescents at risk for a number of health problems, including heart disease, stroke and diabetes, said foundation spokesman Dr. Tom Warshawski.

Warshawski calls the food and beverage industry's marketing of unhealthy products to young people "unethical."

"How can we defend the practice of persuading children and youth, who look to us for guidance, to consume food and beverages which we know will eventually cause them serious disease and perhaps even death?"

Blitzing kids with food ads online can also lead to family conflict, he said, with children nagging a parent in the grocery store to purchase foods or beverages they have seen digitally advertised.

THE CANADIAN PRESS





## OLD STRATHCONA FARMERS' MARKET STEW OFF

**SUNDAY, FEBRUARY 5, 2 PM - 6 PM**

5 local restaurants and chefs create Bison Stew with local ingredients. Buy a bowl of local deliciousness and vote for your favourite stew.

**FINAL WEEKEND! FEBRUARY 2 TO 5**  
**Weekdays 2 PM - 10 PM, Weekends 10 AM - 10 PM**  
**End of Steel Park in Old Strathcona**












Visit [iceonwhyte.ca](http://iceonwhyte.ca) to get your tickets today!



# Muslims struggle with shock

QUEBEC CITY

## Families of victims relying on charitable donations

Ahmed Ech-Chahedy was standing about 30 metres away when the gunfire started.

The man carried an "assault rifle," he said. He took his time. And his face was not covered — contrary to early reports, he said in an interview.

Ech-Chahedy, a taekwondo instructor, was with his son and one of the boy's friends, when the shooter entered the mosque.

"If I think about it, it probably lasted five or six minutes," said Ech-Chahedy, who managed to flee the building and shelter in a nearby restaurant. "It was planned because even the way he fired at people—he was calm."

Police investigating the terror attack at a Quebec City mosque have received witness accounts that an individual matching the description of the shooter was seen outside the building several days prior to the shooting.

Mohamed Labidi, the vice



Azzedine Najd and Fadwa Achmaoui stand by a memorial near their mosque which was site of a deadly shooting on Tuesday in Quebec City. THE CANADIAN PRESS

president of the Centre Culturel Islamique de Québec, told Torstar that, during a Monday night meeting, one member of the Muslim community claimed to have been approached a few days earlier by an individual who was asking for money.

Labidi said they claimed that the person was in fact the al-

leged killer, 27-year-old Alexandre Bissonnette, who is charged with six counts of murder and five counts of attempted murder.

The consequences of the shooter's actions are known now to all: Six men are dead while two more remain in hospital in critical but stable con-

dition.

But a Muslim community that is still struggling with shock and grief is also now being forced to cope with the administration of a murderous tragedy that has widowed and orphaned women and children and ripped apart families and friendships.

So far, the families of the dead are relying on charitable donations from organizations like Islamic Relief, which sent a team of people from Montreal and the Toronto area to assess the needs and coordinate delivery of the necessary support.

In a six-storey apartment building a short drive from the mosque where Ibrahima Barry, 39, and Mamadou Tanou Barry, 42, had gone together to pray, the halls of the fifth and sixth floors were strewn with boots and crowded with women bringing food and men making telephone calls and offering handshakes of condolence.

Among them was Mamoudou Afia Barry, the older brother of Mamadou Tanou, who had just arrived in town from his home in Columbus, Ohio, and was being briefed on what help and arrangements the Guinean community in Quebec City had already offered and what else was available.

"The decision we have to make is whether to take his body back (to Guinea) or have the funeral here, since his mom is here and his wife and kids are here," he said. "That's what we are trying to figure out right now." TORSTAR NEWS SERVICE

## Canadian sets up fund for victims

When Toronto resident Mohamed Fakih heard the news of Sunday's attack at the Centre Culturel Islamique de Québec, he was both heartbroken and worried.

"You realize it's not really time to go into shock, it's time to react and do something about it," Fakih, the founder and CEO of Paramount Fine Foods, of-

fered to pay for the funerals of the victims of a shooting rampage at a Quebec mosque that left six dead and 19 injured. He's also offered to help pay for repairs to the mosque.

Fakih didn't know anyone from the mosque in Quebec personally, so he reached out to the Islamic Relief Canada, a global charity with offices in

Canada, to figure out how he and his family could support the grief-stricken community. As of Tuesday afternoon, Islamic Relief Canada had raised just over \$100,000 for the Quebec community. The CEO, Zaid Al-Rawni, said that the centre has received a wave of donations from across the country since Sunday. TORSTAR NEWS SERVICE

## Parliament debates Trump's Muslim ban

The Liberal government is holding the line on its immigration and refugee policy in the wake of the U.S. travel ban, but leaving the door open to future adjustments as they continue to study the far-reaching - and fast-changing - implications.

"We have a very robust and welcoming refugee system," Immigration Minister Ahmed Hussein said Tuesday.

"We don't develop policy on the fly. We have to make sure that we understand all the implications, to make sure that we stick to our numbers and make sure that we develop policy after careful consideration of all the implications."

The Liberal cabinet minister was responding to calls - including from the New Democrats - to do more to fill the gaps left by U.S. President Donald Trump's temporary immigration ban on people from seven Muslim-majority countries and his indefinite bar to Syrian refugees.

"Canada must step up to do its part," said NDP immigration critic Jenny Kwan. "There is much more that Canada can do and must do."

At Kwan's request, MPs held an emergency debate Tuesday evening on the U.S. travel ban and how Canada should respond.

In the debate, NDP Leader Tom Mulcair urged the government to



NDP Leader Tom Mulcair  
THE CANADIAN PRESS

lift an "artificial, arbitrary" cap on the number of Syrian refugees who can be brought to Canada through private sponsorships, which is currently set at 1,000 applications — a target that was reached over the weekend.

"A cap such as this one, especially when the United States has banned admission to Syrian refugees for an indeterminate time is completely unacceptable and goes against the international law that has been advocated since the Second World War," Mulcair said.

In a weekend tweet that was seen as a thinly veiled response to Trump's measures, Prime Minister Justin Trudeau promoted Canada as a country that welcomes refugees, no matter their religion, and considers the diversity of its people to be a strength.

THE CANADIAN PRESS

## Fox News slammed for tweet on Quebec

One of Prime Minister Justin Trudeau's senior officials is taking Fox News to task for describing the alleged gunman in the Quebec City shooting as Moroccan.

Kate Purchase, director of communications in the Prime Minister's Office, pointed out the "false and misleading language" in a letter to Fox News Channel co-president Bill Shine that was released to the media Tuesday.

"Canada is an open, welcoming country that stands by its citizens," Purchase wrote in the letter, which goes well beyond simply asking for a correction.

"We are a nation of millions of immigrants and refugees, of hundreds of cultures, languages and religions bound by one, unwavering, unshakable belief: we are stronger not in spite of our differences, but because of them."

"These tweets by Fox News dishonour the memory of the six victims and their families by spreading misinformation, playing identity politics, and perpetuating fear and division within our communities."

The tweet appeared to be a consequence of early police reports in the wake of the shooting that said two suspects had been taken into custody. Later reports said one of those people was not a suspect, but a witness.

Purchase noted the tweet appeared early Monday afternoon, but has yet to be deleted despite the fact police have confirmed that the sole suspect, Alexandre Bissonnette, is a 27-year-old man of French-Canadian origin.

By early Tuesday evening, the tweet had been retweeted more than 900 times, and liked about 1,600 times. It also had about 7,200 replies, many of them pointing out the inaccuracy and calling for a correction.

THE CANADIAN PRESS

PANDITH SURYA JI

## ASTROLOGER & SPIRITUALIST



IF YOU ARE  
HAVING  
PROBLEMS  
HE HAS A  
SOLUTION!!



- \* Husband & Wife Problems
- \* Stop Separation & Divorce
- \* Children, Couples
- \* Education & Business
- \* Vashikaran Expert
- \* Drinking Problem
- \* Sexual Problem

- \* Jealousy, Enemies
- \* Lifetime Protections
- \* Bringing Loved Ones Back
- \* Removal Black Magic & Spirits Exports



CALL FOR APPOINTMENT  
100% GUARANTEED RESULTS **780-884-2098**

## IN BRIEF

### Amnesty calls for action

Amnesty Canada has joined the chorus of activists asking the federal government to repeal its Safe Third Country Agreement with the U.S. in light of an executive order banning travel from seven Muslim countries. "The United States is failing to protect refugees," says a statement on Amnesty's website. The organization is asking supporters to reach out to their MPs and express their views. METRO



# Europe calls U.S. a 'threat'

POLITICS

## EU chief groups ally with Russia and China

The leader of the European Union put longtime ally the United States in a "threat" category on Tuesday, insisting that President Donald Trump is contributing to the "highly unpredictable" outlook for the bloc.

In a letter to 27 EU leaders before Friday's summit in Malta,

EU President Donald Tusk mentioned the Trump administration as part of an external "threat" together with China, Russia, radical Islam, war and terror.

Echoing statements from many European capitals, he said those global challenges, "as well as worrying declarations by the new American administration, all make our future highly unpredictable." He said that "particularly the change in Washington puts the European Union in a difficult situation; with the new administration seeming to put

into question the last 70 years of American foreign policy."

This year marks the centennial of the U.S. entry in the First World War, and it marked the beginning of the American century as well as the enduring trans-Atlantic bond with Europe. Tensions have risen though since Trump was elected U.S. president.

"We should remind our American friends of their own motto: United we stand, divided we fall," Tusk said in the letter.

Britain wasn't part of the letter since it is poised to leave the

EU and is only scheduled to attend part of the leaders' meeting in La Valletta. The decision to leave was the biggest setback for the EU in decades, and Trump didn't endear himself with many EU leaders by saying that Brexit "will be a tremendous asset and not a tremendous liability."

Tusk wrote: "In politics, the argument of dignity must not be overused," before adding that "today we must stand up very clearly for our dignity, the dignity of a united Europe."

THE ASSOCIATED PRESS



EU President Donald Tusk, right, said the Trump administration is part of an external "threat," together with China, Russia, radical Islam, war and terror. THE ASSOCIATED PRESS/GETTY IMAGES

## Academics speak out against ban

More than 4,000 university professors, administrators and researchers have signed a petition to boycott international academic conferences in the U.S. to show solidarity with Muslim colleagues affected by U.S. President Donald Trump's travel ban.

"It is a support to our (Muslim) colleagues in this beleaguered time," said Haroon Akram-Lodhi, an economics and international development studies professor at Trent University in Peterborough, one of many Canadian academics on board.

"The reality is these international conferences are large money generators. They are important economic drivers. We don't want to give the economic support to the U.S. in this situation."

Another online petition denouncing the ban led by American academics has collected more than 18,000 signatures, including 50 Nobel Laureates.

A National Science Foundation report found 5.2 million of the 29 million scientists and engineers in the U.S. are immigrants.


"The order institutionalizes racism, and fosters an environment in which people racialised as Muslim are vulnerable to ongoing and intensifying acts of violence and hatred," said the petition.

"Among those affected by the order are academics and students who are unable to participate in conferences and the free communication of ideas. We the undersigned take action in solidarity with those affected."

Ever since the so-called Muslim travel ban was issued, numerous academic associations including Universities Canada, the Federation for the Humanities and Social Sciences and the Association of American Universities have issued statements condemning the practice.

TORSTAR NEWS SERVICE

— TOMORROW —



## PROGRAM INFO NIGHT

February 2, 2017  
5 - 8 pm  
Main Campus  
10215 108 Street

Explore all that NorQuest has to offer!


Join us at Program Info Night and take part in information sessions to hear about program options and visit the exhibit fair to learn about admission requirements, funding options, upgrading, student services, and more!

The Office of the Registrar will be open and accepting applications during this event.

Step Forward

ENTER TO WIN  
one of two  
\$750 tuition  
credits!

norquest.ca/PIN



## Budweiser plunges into immigration debate with ad

Last year, Budweiser brought us hard-charging Clydesdales. The year before that, a cuddly puppy. But, with its 2017 Super Bowl ad, the brewery has plunged itself into the incendiary debate over immigration in America.

In a minute-long commercial slated to air this Sunday during the fifty-first NFL championship, Budweiser tells the story of its co-founder, Adolphus Busch, who immigrated from Germany to the United States in 1857.

Busch braves a perilous voyage and xenophobic abuse, driven to persevere by an ambition to make beer.

"When nothing stops your dream," reads the tagline.

"While it is set in the 1800s, it's a story we believe will resonate with today's entrepreneurial generation — those who continue to strive for their dreams," said Budweiser vice-president Ricardo Marques in a press release.

The ad, posted online Tuesday, has already gained attention for making a statement on immigration, just days after U.S. President Donald Trump enacted a temporary ban on immigrants from seven majority-Muslim countries.

"It doesn't matter how you look at it, there is a political tonality to this, because of the (current) environment," said Alan Middleton, a marketing professor at York University's Schulich School of Business. "This ad would have been made and shot back in the fall (but) Trump was pounding the campaign trail with, 'I'm going to build walls and I'm going to keep Muslims out,' so it was certainly in the air." TORSTAR NEWS SERVICE



Donald Trump and Neil Gorsuch at a televised address Tuesday. SUSAN WALSH/THE ASSOCIATED PRESS

## Trump announces Supreme Court pick

Neil Gorsuch, named Tuesday as President Donald Trump's nominee to the U.S. Supreme Court, has a solidly conservative pedigree that has earned him comparison to the combative justice he would replace, Antonin Scalia.

Gorsuch clerked for two Supreme Court justices and worked in President George W. Bush's Justice Department before being appointed to the federal bench and authoring a series of sharply written, conservative opinions. His mother, Anne, ran President Ronald Reagan's Environmental Protection

Agency.

But Gorsuch has also won praise among liberals and others in the Colorado legal community for his fair-mindedness and defence of the underdog.

"He is a very, very smart man. His leanings are very conservative, but he's qualified to be on the Supreme Court," said Denver plaintiff's attorney David Lane. "I don't know that Judge Gorsuch has a political agenda and he is sincere and honest and believes what he writes."

A judge on the 10th Circuit Court of Appeals in Denver, Gorsuch lives in the hyper-liberal

college town of Boulder and teaches at the University of Colorado's law school there, also a progressive bastion.

"I think this should be Merrick Garland's seat," said Jordan Henry, one of Gorsuch's students there and a self-described liberal, referring to President Obama's nominee for the vacancy last year who was never considered by the Republican-controlled U.S. Senate. But she described Gorsuch as an eager mentor, always solicitous of students' opinions and with a brilliant mind.

Gorsuch is a Colorado native who earned his bachelor's de-

gree from Columbia University in three years, then earned a law degree from Harvard. He clerked for Supreme Court justices Byron White, a fellow Coloradoan, and Anthony Kennedy before earning a philosophy degree at Oxford University and working for a prominent Washington, D.C., law firm. He served for two years in Bush's Justice Department before Bush appointed him to a seat on the 10th Circuit in 2006.

Gorsuch would be the youngest justice since Clarence Thomas joined the court in 1991 at age 43. THE ASSOCIATED PRESS



## STEP UP



Feeling helpless? Don't stand by, step up. Here's the **Metro guide** to fighting Islamophobia and anti-refugee sentiment in your community.

## MARCH

**Supporting local groups demonstrating against Islamophobia and in solidarity with refugees really counts:** Showing up shows you care. Social media is the best way to find gatherings near you, and Edmonton has protests aplenty.

## SIGN

**The Canadian Civil Liberties Association** has drafted a script people can use to ask their MP to act regarding the recent U.S. travel ban. Specific demands include increasing the number of refugees accepted by Canada this year and suspending the Canada-U.S. Safe Third Country Agreement. You can find it at [ccla.org](http://ccla.org).

## JOIN

Another great way to take action is to **invest your time**. There are plenty of community and non-profit groups that are working to end Islamophobia and racism, some which have been toiling away for years and others that have sprung up in response to recent waves of hate.

**The Edmonton Mennonite Centre for Newcomers** welcomes new Edmontonians from around the world, and are always looking for volunteers to do everything from help with homework to job searches to their global choir.

## MEET

**Get out of your comfort zone, expand your social network and try to reach out to people who don't look like you** or share your views. You can start by introducing yourself to someone at a march, if you choose to attend.

## SUPPORT

If you don't have time to volunteer, put your money where your mouth is and support an organization who's mission you believe in. If anti-Islamophobia is it, the **Alberta Muslim Public Affairs Council** is always seeking donations for programs, including their anti-Islamophobia hotline.

 **GOT AN IDEA?** Metro's on the hunt for stories about the ways people are taking action and waging love to fight the political climate of hate. Tweet us with the hashtag **#WageLove** or email [angela.mullins@metronews.ca](mailto:angela.mullins@metronews.ca).

# Most of your Trump jokes are seriously unfunny

**David Berry**



Among the cries of anguish and howls of outrage that have greeted Donald Trump's first, horrific week in office, there is still a persistent and pernicious sound emanating from his opposition: a haughty snicker. It is working to stead-

ily undermine the edifices that are being built against policy pronouncements that have ranged from hideously short-sighted to openly opposed to the very spirit of free democratic society.

The giggle is unmistakable precisely because it was ever-present in the 18 months it took for Trump to go from laughingstock to leader of the free world (if we can still properly call it that, by the time

he's done). It was the sound of "Drumpf" and every bad bar-room impersonation, the snide chuckle that followed every mention of his ridiculous hair or allegiance to Omarosa.

If Trump's election, the very thing that seemed so laughable, choked it for a while, the complacency that has attended his actual ascent has allowed it to sneak back in. It came as a rising chuckle that he couldn't even get a Bruce Springsteen

tribute band to play at his inauguration party. It sounded like a sharp snort as we shared side-by-side photos of his and Obama's swearing-in ceremonies. It sputtered up when we suggest he needed to hold Theresa May's hand because of his supposed fear of stairs.

These weak stabs at humour are not satire, an attempt to cast Trump in dark relief to reveal some underlying truth. They are its exact opposite: a

fearful response to the reality of his stature, a blind hope that we might reduce it with a cutting remark. They replace a raised fist or finger with side-eye, something that might help the enlightened recognize and congratulate one another on their good taste.

The best that could be said about this tendency is it's a coping mechanism: We would rather feel above-it-all than angry or drowning in despair.

Politics are not a roast battle, least of all when the pillars of our liberal democratic political order are being sledgehammered. It might give you a momentary thrill to mock the hand size of the man doing the swinging. But however good your bon mots may make you feel, they haven't yet encouraged him to stop.

**David Berry** is a humour writer and cultural critic.







# Don't fear the kitchen

## RECIPES

### These simple dishes can get all new chefs up and cooking

Ceri Marsh & Laura Keogh  
For Metro Canada



If you've never learned to cook beyond opening a can, fear not. We're here with some easy recipes everyone needs in their back pocket to get started. Now all you need to do is put some music on, pour yourself a glass of wine and get cooking.

#### Pasta

It's impossible to build a cooking rolodex (does anyone still have a rolodex?) without a kick-ass pasta dish. Here is that dish.

Aside from the joy a bowl of pasta brings to a belly, most dishes are easy to prepare since many noodles cook up quicker than it takes to wait for the water to boil. Also, pasta is a great foundation for any kind of flavour profile and is a complete meal in itself.

We love this **Creamy Pea Tagliatelle** for its breezy but impressive sauce.

**Makes:** 4 servings; **Prep time:** 10 minutes; **Cook time:** 20 minutes.

#### Ingredients:

- 500 g tagliatelle pasta
- 2 cups frozen peas
- 1 Tbsp olive oil
- 1 onion, diced
- 3 cloves garlic, chopped
- 1 cup creme fraiche
- 3 tsp chopped chives or flat-leaf parsley

#### Directions:

**1.** Cook the tagliatelle according to package directions. In the last minute of the pasta cooking process, drop the peas into the water. Drain both the pasta and peas.

**2.** Meanwhile, in a large skillet, heat the oil and sauté the onion and garlic for 5 minutes until fragrant. Stir in the creme fraiche. Add the pasta and peas, folding them with tongs to coat the pasta with the sauce. Sprinkle with chopped chives or flat-leaf parsley and serve.



There's no need to feel intimidated by any of these three simple and scrumptious dishes to get beginners cooking: (clockwise from top) **Chinese 5-Spice Chicken Tray Bake**, **Creamy Pea Tagliatelle** and **Broccoli and Cheese Soup**. PHOTOS: MAYA VISNYEI

#### Chicken

There's a reason chicken dishes are the most searched recipes on food websites. As proteins go, they're a great canvas for flavours and easy to prepare.

This **Chinese 5-Spice Chicken Tray Bake** uses less-expensive thighs for budget-sensitive novices, and it features a cooking method ideal for new chefs — tray baking.

Allowing all your meal's ingredients to cook on the same baking sheet not only makes meal prep easier but, frankly, is a smart way to cook.

**Makes:** 4 servings; **Prep time:** 1 hour; **Cook time:** 20 minutes.

#### Ingredients:

- 3 Tbsp olive oil, plus extra for onions
- 4 to 5 garlic cloves, pressed
- 1 Tbsp rice vinegar
- 1 Tbsp brown sugar
- 1 tsp Chinese 5-spice
- 1/2 tsp salt
- 6 large skinless, boneless chicken thighs
- 2 onions, peeled and sliced
- 1 tsp fresh chopped cilantro

#### Directions:

**1.** Combine olive oil, garlic, rice vinegar, brown sugar, 5-spice and salt in a large resealable plastic bag. Add chicken thighs; seal and coat chicken with sauce. Chill at least 1 hour or overnight.

**2.** Preheat oven to 400. Slice and coat onion in a bit of olive oil. Spray baking sheet with non-stick cooking spray. Scatter onion slices on baking sheet.

**3.** Remove chicken from re-

frigerator and arrange on top of onion. Roast until chicken is cooked through, about 20 minutes.

**4.** Remove tray from oven and let cool for a few minutes. Sprinkle chicken and onion with cilantro and serve warm.

#### Soup

Let's be honest, you can't live in Canada and not have a soup dish you can call your own. And, yes, you should definitely take credit for this easy **Broccoli and Cheese Soup**.

## SPICE RACK

Making delicious meals is simpler when you have a small but potent spice rack. Here's what you need beyond good old S&P.

- Chili Powder
- Cumin
- Cinnamon
- Curry Blend
- Dried Bay Leaves
- Dried Oregano



In addition to travelling well for lunches or snacks, soups use up lots of leftovers and can handle any amount of vegetables you can jam into them.

Plus, like this one, they only benefit from the addition of cheese.

**Makes 4 servings; Prep time:** 10 minutes; **Cook time:** 25 minutes.

#### Ingredients:

- 4 cups broccoli florets and stem (cut off tough ends) chopped fairly small
- 1 onion chopped
- 2 cups chopped, potato
- 2 cloves garlic minced
- 1 glug olive oil
- 4 cups stock (vegetable or chicken, low sodium)
- 1 1/2 cups milk
- 1 cup grated cheddar
- 1/4 cup grated Parmesan salt and pepper to taste

#### Directions:

**1.** Sauté onion and garlic in a Dutch oven or other large, heavy-bottomed pot for about 5 minutes until soft.

**2.** Add vegetables and stock and allow to simmer for about 20 minutes until the vegetables are tender.

**3.** In small batches, ladle the broth and vegetables into your blender and puree. Pour each batch into a bowl as you go. Pour the puree back into your pot.

**4.** Over medium heat add milk and cheese and stir until the cheese melts. Add salt and pepper to taste.



# 'Ban adverts to battle childhood obesity'

## INDUSTRY CRITICISM

### New report wants federal help in fight to limit marketing

In an effort to combat the rising tide of childhood obesity and promote healthier eating, the Heart and Stroke Foundation is calling on the federal government to pass legislation restricting food and beverage marketing to children.

"Given experts' prediction that today's children may be the first generation to have poorer health and shorter lifespans than their

parents, we need to be bold," writes Diego Marchese, interim CEO and executive vice-president of Heart and Stroke, in the 2017 Report on the Health of Canadians released Wednesday.

Obesity rates in Canadian children have tripled since 1979 — one in three kids are now overweight or obese — putting them at greater risk for developing health problems such as heart disease, stroke, high blood pressure and diabetes, the report notes. It argues that restrictions on marketing to those under 16 would protect children, support parents and level the playing field for industry.

Industry's efforts over the past decade to self-regulate, through

the Canadian Children's Food and Beverage Advertising Initiative, have been "a failure," says the report. "As long as regulation is optional, the playing field is not even. Even if the criteria were strong, companies that comply and put children's health first would be at a competitive disadvantage."

Calls for regulations have been made before. Heart and Stroke is part of the Stop Marketing to Kids Coalition started in 2014, which is made up of 11 non-governmental organizations, including Toronto Public Health.

And Prime Minister Justin Trudeau, in his 2015 mandate letter to Minister of Health Jane Philpott, said he expects her to

promote public health by "introducing new restrictions on the commercial marketing of unhealthy food and beverages to children, similar to those now in place in Quebec."

The report also highlights Quebec, which has the highest vegetable and fruit intake among Canadian children and the lowest obesity rate among those aged 6 to 11. Legislation introduced there in 1980 banned commercial ads of goods and services to kids under age 13.

For its report, the foundation commissioned Monique Potvin Kent, an expert in food and beverage marketing to children. She reviewed the digital ads shown over a year on the top 10 websites

aimed at children between the ages 2 and 11, and youth aged 12 to 17. Her research shows that more than 90 per cent of online food and beverage ads seen by children and teens are for unhealthy items high in fat, sodium or sugar.

Children and teens are bombarded with ads for restaurants, cakes, cookies, ice cream, cereal and sugar-sweetened beverages.

"There are many ads on TV directed at kids and it's even higher for teens, but there are only so many spots available, there is a limit," writes Potvin Kent, who is an assistant professor in the University of Ottawa's School of Epidemiology, Public Health and Preventive Medicine.



Children and teens are bombarded with ads. ISTOCK

"On the Internet, there are absolutely no limits."

TORSTAR NEWS SERVICE

## Service Directory

To advertise call 780-702-0592

### ASTROLOGY

**WORLD FAMOUS INDIAN ASTROLOGER**

**Pandith PUNEET SWAMY**  
100% removal of Black Magic, Evil Spirits, Vadoo, Obeya, Jadoo  
• Palm • Face  
• Horoscope  
• Numerology  
• Vastu Hastra  
He can tell your Past, Present & Future

**Get advice & Solutions in**  
• Love • Marriage  
• Career • Work  
• Business  
• Family Problems  
• Spiritual Effects  
• Education  
• Child Mistake Etc

**CAN REMOVE ANY KIND OF BLACK MAGIC**  
**CALL FOR AN APPOINTMENT**  
39th Ave. & 17 St. near RIOCAN Meadows, Edmonton **780-782-0249**

**INDIAN ASTROLOGER SPIRITUALIST HEALER AND PSYCHIC**  
World Famous Astrologer & Future Teller  
**Pandit: SHANKAR GURUJI**  
Most Powerful Spiritualist From India

**KNOW YOUR PAST, PRESENT AND FUTURE**  
**PALM READING, FACE READING, HOROSCOPE**  
**PASSED FROM GENERATION TO GENERATION**

**ARE YOU SUFFERING FROM ANY OF THESE ?**  
• Family • Sickness • Marriage • Love  
• Business • Relationships • Property • Money  
• Job • Education • Promotion  
• Court • Children • Divorce  
• Foreign • Depression • Sexual problems

**SPECIALIST IN BRINGING LOVED ONES BACK**  
**100% REMOVAL OF WITCH CRAFT, BLACK MAGIC AND**  
**EVIL THINGS PERMANENTLY. 100% RESULT GUARANTEED**

**GIVE LIFE LONG PROTECTION**  
**780-224-3288**  
**MILLWOODS NW, EDMONTON**

**ASTROLOGER & PSYCHIC READER**  
WORLD FAMOUS ASTROLOGER & FORTUNE TELLER  
**KNOW YOUR PAST, PRESENT & FUTURE**  
**Pandith: SHIVA BABAJI**  
**PALM READING • FACE READING • HOROSCOPE**  
**PASSED DOWN FROM GENERATION TO GENERATION**

**IF YOU HAVE ANY PROBLEM, VISIT ME ONCE & GET IT SOLVED 100% GUARANTEED**

Love Problems, Money Problems, Enemy Problems, Family Argument, Childless Couples, Business Problems, Jealousy, Property, Marriage, Sexual Problems, House Problems, Worried about Loved One, Husband / Wife Matters Etc.

**PRIVATE & CONFIDENTIAL**  
**100% REMOVAL OF BLACK MAGIC AND**  
**GIVE LIFE LONG PROTECTION**

**SPECIALIZED IN BRINGING BACK LOVED ONES**  
**CALL NOW ! Open 7 DAYS 9 AM TO 7 PM**  
**780-906-2846**  
**45 St & 121 Ave Northeast Edmonton**

## CALL TODAY TO SEE YOUR AD IN THE SERVICE DIRECTORY

**SHIVA PARVATHI ASTROLOGER & SPIRITUALIST**  
**INDIA'S FAMOUS ASTROLOGER FROM 11TH GENERATION**

**GURUJI: POOJA SHASTRY**  
**SPECIALIST IN BRINGING LOVED ONES BACK**  
**SHASTRY HAS 25 YEARS EXPERIENCE IN SOLVING PROBLEMS LIKE**

**HEALTH & SICKNESS** **JOB / EDUCATION** **DIVORCE**  
**LOVE** **HUSBAND & WIFE PROBLEMS** **CURSES**  
**BUSINESS** **CHILDREN MISTAKES** **LOTTERY**  
**SEXUAL** **BAD LUCK & NEGATIVITY** **ETC**

**Visit To Know Past, Present And Future**  
**By Palm Reading, Face Reading, Horoscope**  
**REMOVES BLACK MAGIC, EVIL SPIRITS, VODOO, OBYEA, BAD LUCK, JINN, JADOO, WITCHCRAFT**  
**AND GIVES LIFE LONG PROTECTION**  
**100% GUARANTEED RESULTS**

**780-862-6016**  
**MILLWOODS, EDMONTON**

**SHIVA DURGA - GOLD MEDALIST ASTROLOGER, PSYCHIC & SPIRITUALIST**  
**Pandit: JAYRAM**  
**SOLVE YOUR PROBLEMS WITHIN A FEW DAYS**

**VEDIC SOLUTIONS AVAILABLE FOR:**  
• Bad luck • Jadoo • Business • Education  
• Depression • Evil spirit • Health • Child mistake  
• Suffering • Evil eye power • Financial matter • Family problem  
• Embarrassment • Jealousy • Job • Court case  
• Hard time • Curse etc... • Lotto number • Divorce  
• Drinking problems • Children/Family problems • Spousal conflicts • Miscarriage  
• Witch craft • Love & marriage

**PALM READING, FACE READING, HOROSCOPE**  
**VISIT TO KNOW PAST, PRESENT & FUTURE**  
**Removes Black Magic & Evil Spirits & Gives You 100 Percent Protection**

**EXPERT IN BRINGING BACK LOVED ONES**  
**100% REMOVES BLACK MAGIC**  
**ALL RELIGIONS WELCOME**  
**FOR APPOINTMENT. PRIVATE & CONFIDENTIAL**  
**780-782-6149**

**SPIRITUAL HEALER & INDIAN PSYCHIC**  
PASSED DOWN FROM GENERATION TO GENERATION  
**Pandith: MARUTHI**  
**PALM READING • FACE READING • HOROSCOPE**  
Solves Problems Related to Love, Money, Enemy, Family Argument, Childless Couples, Business, Jealousy, Property, Marriage, Sexual, House, Worried about Loved One, Husband/Wife Matters, etc.

**100% REMOVE BLACK MAGIC & GIVES 100% LIFELONG PROTECTION**  
**IF YOU HAVE ANY PROBLEM, VISIT ME ONCE & GET IT SOLVED 100% GUARANTEED**  
**SPECIALIZED IN BRINGING BACK LOVED ONES**  
**587.926.4835**  
**46A ST, NW, EDMONTON, AB. T6L 3X8**

**DAILY REFRESHMENT**

**Edmonton metro**





## Completely powered by electrons



### REVIEW

### Bolt a fairly affordable entrance to the EV market



**Dan Ilika**  
AutoGuide.com

Don't let the popularity of the Tesla Model S fool you: Electric vehicles aren't selling as well as perhaps they should be.

Get past range anxiety and long charging times, and the astronomical upfront cost of EV ownership is no doubt keeping plenty of potential buyers away. Automakers know this all too well, and a handful are working on electrified solutions that fit the needs — and budgets — of the masses. And the first of this new class of relatively affordable, everyday-friendly EVs to hit the market is the 2017 Chevrolet Bolt. Aside from its confounding name — conversations about the car invariably include descriptors like “that’s Bolt with a ‘B’” for clarity’s sake — the Bolt joins the alternative fuel fray with little doubt about its electric origins.

Because unlike the Volt, which features a gas engine (it doesn't send power to the wheels directly but essentially recharges the battery pack on the fly), the Bolt is powered purely by electrons.

The 60-kilowatt-hour battery pack, a lithium-ion unit, spans the entire length of the car's cabin and can be plugged into Levels I, II or III charging stations. Using the former means

long charging times, while the latter, known as DC Fast Charging, can top the battery up with 145 kilometres of range in about 30 minutes, or juice it up completely in about two hours.

Topping the battery up completely using a Level II charger, meanwhile, takes a little less than 10 hours and provides an estimated range of 383 kilometres.

Departing Menlo Park, Calif., with a fully charged battery our tester was more than fit for an extended tour of the rain-soaked San Francisco Bay Area. With a roundabout journey spanning about 160 km on the day's docket, battery life was of little concern.

With the instant torque provided by the electric powertrain, the Bolt offered impressive acceleration — a useful tool not for racing along city streets, but rather when passing and merging.

The electrified gusto did, however, combine well with the Bolt's responsive ride, a product of wheels that sit as near as possible to the corners, and low centre of gravity, created by the battery pack, to have a little bit of fun when called upon.

The battery pack's low positioning in the car isn't always smile-inducing, though. Tipping the scales at 435 kilograms, it creates a weight imbalance in the Bolt that can lead to a seesawing effect over uneven pavement, something that became quickly evident on the Bay Area's roly-poly highways.

It's definitely not a deal-breaker, but does take some getting used to — particularly for those who are new to electric vehicles.

### THE CHECKLIST | 2017 CHEVROLET BOLT REVIEW

#### THE BASICS

**Motor:** Single motor drive unit  
**Output:** 200 hp, 266 lb-ft  
**Transmission:** Fixed ratio  
**Battery Size:** 60 kWh  
**Estimated Range:** 383 kilometres  
**Price:** Starts at \$42,795 (before available incentives)



#### LOVE IT

- Silky smooth acceleration
- Relative lack of range anxiety
- Bright and open cabin

#### LEAVE IT

- Jarring regenerative brakes
- Cost of active safety options

### SUV

## What we know about the 2019 Ford Explorer so far

Ford is working hard on the next generation of its popular Explorer SUV.

When it comes to mid-sized SUVs, none sells better than the Ford Explorer in the U.S. — and for good reason. The popular seven-seater has been a staple in the American automaker's lineup since the early 1990s and now the sixth-generation model is in development.

Although it will go on sale as a 2019 model year, there's a bit we already know about the next-generation SUV as spy photographers have caught a

prototype testing.

#### It rides on a new platform

The 2019 Ford Explorer is expected to ride on a new platform called “D6.” Currently it's underpinned by the D4 platform also found on the Ford Flex and Lincoln MKT, but look for the D6 to make an appearance in several of Ford's models in the future. It's believed that the new platform will take advantage of lightweight materials like aluminum, similar to what Ford did with its popular F-150 pickup. In addition, rumours suggest it can

be configured for front-, rear- and all-wheel drive, but don't expect it to go rear-wheel drive.

#### It will likely lose its naturally aspirated V6 engine

Like the refreshed Ford Mustang, the automaker is expected to drop the naturally aspirated V6 engine from the Ford Explorer's lineup. Look to see the 2.3-litre four cylinder and 3.5-litre V6 EcoBoost engines live on, with slight updates to enhance performance and fuel economy. The deletion of the naturally aspirated V6 will help boost

### + STATS

#### Sales

Last year, the Ford Explorer sold 248,507 units, making it the 14th overall best seller in the U.S.

the average fuel economy and emissions across the entire Explorer range.

**Look for it to debut in late 2017 or early 2018**

There's a possibility Ford will

debut the 2019 Explorer at the 2017 L.A. Auto Show, but it's more likely it will bow at the 2018 Detroit Auto Show.

#### Styling will be evolutionary rather than revolutionary

Although it's still hard to see with the heavily camouflage concealing the prototype, the new Explorer won't see any drastic styling changes.

The focus will be on using aluminum to shed weight, helping make it more fuel efficient as well as taking advantage of the new platform. Some would say

the fifth-generation model did enough to change the popular SUV's styling that debuted as a 2011 model year.

#### It will continue to sell well

Last year, the Ford Explorer sold 248,507 units, making it the 14th overall best seller in the U.S. It's a safe assumption that regardless of how Ford decides to style the Explorer, it will continue to sell well among the mid-size SUV segment, especially for shoppers looking for seven seats. Currently the model starts from \$35,039 including destination.



## RETAIL

## Walmart set to sell cars

**Matt Posky**  
AutoGuide.com

With the exception of funeral services and stylish clothing, practically anything can be purchased at your local Walmart.

That list now includes automobiles. North America's largest retailer is edging its way into automotive sales with the help of the nation's largest new-car dealership franchise, AutoNation.

Launching in April, Walmart's CarSaver program will make it a middleman for impulse car buyers and local dealerships. CarSaver is designed to allow shoppers to browse, select, finance, and insure a vehicle through its website or at kiosks positioned in outside of the nail salons and vision centers of 25 Walmart Supercenters.

At launch, 16 AutoNation stores in Phoenix, Houston, and Dallas will be participating, said AutoNation Chief Marketing Officer Marc Cannon. All of the dealerships are within 15 miles of a Walmart CarSaver kiosk.

"The right location is very valuable. You want to make sure it's convenient for your customers," Cannon told Automotive News. "It's not just the sale. We



Walmart launches its CarSaver program this April. GETTY IMAGES

want to keep them as a customer and continue to develop the service part of our business."

Walmart and CarSaver, backed by 20 dealerships, launched a trial version of the program in Florida in April 2016. The vast majority of scheduled appointments — 80 per cent — resulted in a sale and, on average, customers saved more than \$3,000 U.S. off the sticker price. CarSaver's founders, Sean Wolfington and Chad Collier, claim the program's fixed pricing, no-pressure, no-haggle policy is what makes it so successful.

Typically, CarSaver receives a \$350 U.S. fee from dealers every time a sale is made using its appointments. Depending on state law, there could be also subscription fee for the service. The program is highly reminiscent of Costco's automotive buying services, which was a program Wolfington oversaw during his time managing dealerships. "I was impressed with Costco's program and how much easier it was for the dealership because consumers trusted Costco and appreciated the haggle-free pricing and hassle-free experience," he said.

*It's all about the experience.*

**DRIVING FORCE**  
Vehicle Rentals | Sales | Leasing

1-888-241-8229  
www.drivingforce.ca  
AMVIC Licensed

# PARTS & SERVICE SPECIALS

TOYOTA MODELS  
2009 & OLDER

**\$9.99**  
PLUS COST  
OF FILTER  
PRICE IS PLUS TAX

MENTION CODE **2009 FOR 9** WHEN BOOKING

.....  
SYNTHETIC OIL EXTRA. LIMIT 20 APPOINTMENTS A DAY.  
CAN NOT BE COMBINED WITH ANY OTHER DEALS OR  
PROMOTIONS. SEE DEALER FOR DETAILS.  
OIL & LABOR INCLUDED.

HAVE AN OIL CHANGE  
PERFORMED & RECEIVE A

**FREE**

SET OF WINDSHIELD WIPERS

MENTION CODE **FREE WIPERS** WHEN BOOKING

.....  
CANNOT BE COMBINED WITH ANY OTHER DEALS OR  
PROMOTIONS. RETAIL VALUE OF WIPER BLADES  
\$27.94. SEE DEALER FOR DETAILS

ALL WINTER & ALL-SEASON  
TIRES AT COST +10%  
PLUS FREE MOUNT & BALANCE  
OR TIRE STORAGE.

FOR MORE INFO VISIT:  
[HTTPS://KINGSWAYPARTS.COM](https://kingswayparts.com)  
MENTION CODE **TIRE 10** WHEN BOOKING  
FOR MOUNT & BALANCE.

MENTION CODE **STORE ME** FOR FREE  
TIRE STORAGE FOR A YEAR.

.....  
TPMS AND RIMS NOT INCLUDED. TPMS PROGRAMMING  
ADDITIONAL FEE. SEE DEALER FOR DETAILS.

**KINGSWAY**   
We speak your language.

CALL FOR APPOINTMENT  
**1.587.760.3017**

VISIT US AT  
**[HTTPS://KINGSWAYTOYOTA.COM](https://kingswaytoyota.com)**

 ALBERTA MOTOR VEHICLE  
INDUSTRY COUNCIL



Mark Johnson's 206-day #Letmecaddieforyou Twitter campaign is a success as Sergio Garcia will let the Englishman assist him in a Sept. 27 pro-am

## OILERS WINNING STREAK SNAPPED BY WILD

Minnesota Wild goalie Darcy Kuemper and defenceman Mike Reilly thwart the scoring chance of Oilers left-winger Anton Slepyshev on Tuesday night at Rogers Place. Kuemper made 41 saves to lead Minnesota to a 5-2 victory, snapping Edmonton's three-game winning streak. Tyler Graovac had a pair of goals for the Wild while the Oilers got their goals from Adam Larsson and Leon Draisaitl. The Oilers begin a three-game road trip on Thursday night in Nashville against the Predators.

JASON FRANSON/THE CANADIAN PRESS



# LeBron on offence in war of words

NBA

## Cavs star hits back against Barkley's criticism

LeBron James is done bowing to Sir Charles.

After he was criticized by Charles Barkley for questioning Cleveland's front office, James tore into the former NBA star and opinionated TV commentator on Monday night following a loss in Dallas. James not only countered what was said about him but he also attacked Barkley's character for some off-the-court missteps.

"I'm not going to let him disrespect my legacy like that," James told ESPN after the Cavs

lost 104-97 to Dallas, dropping the defending champions to 7-8 in January. "I'm not the one who threw somebody through a window. I never spit on a kid. I never had unpaid debt in Las Vegas. I never said, 'I'm not a role model.' I never showed up to All-Star Weekend on Sunday because I was in Vegas all weekend partying."

"All I've done for my entire career is represent the NBA the right way. Fourteen years, never got in trouble. Respected the game. Print that."

Barkley has never been one

to hold back his opinion on James or any other player, but the 11-time all-star was particularly critical of James last week after Cleveland's star complained about Cleveland's roster being "top-heavy" and questioning whether the team's front office was satisfied with one title.

Barkley said James was "whiny" and "inappropriate" and wondered about his motives. Barkley called James "the best player in the world" but wondered if he really wanted to compete. James initially dis-

missed Barkley, saying he was only trying to boost TV ratings. Barkley works as an in-studio host for TNT.

However, James decided he couldn't let those comments go and turned on Barkley, who never won an NBA title.

"He's a hater. What makes what he says credible? Because he's on TV?" James said. "I know he wanted to retire a long time ago, but he can't. He's stuck up on that stage every week."

James also said if Barkley wants to continue any discussion, he knows where to find him.

"If this makes him want to talk to me, the schedule's out there," James said. "He knows every road arena I'll be in. Don't just come up to me at all-star and shake my hand and smile."

THE ASSOCIATED PRESS



**"I'm tired of biting my tongue. There's a new sheriff in town."**

LeBron James

NHL

## All-stars in awe of McDavid's speed

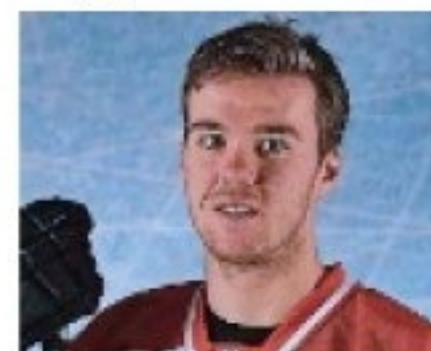
Slowing down Connor McDavid may seem like a hopeless pursuit, but foes across the NHL are certainly trying.

The captain of the Edmonton Oilers has picked up on at least one tactic.

"I don't get a lot of time with the puck in the neutral zone to come through with any kind of speed," McDavid said during all-star weekend in Los Angeles. "That's definitely an area that I have to figure out, either to get open or find different ways to come through the middle or just overall figure it out and still find a way to contribute that way."

"It's almost a compliment if you're getting attention like that so that's how I try and look at it as much as it sucks."

Wayne Gretzky claimed that McDavid was "chasing" down Sidney Crosby this season for



Connor McDavid GETTY IMAGES

best-in-the-game status during the festivities in L.A. The pursuit is sure to continue in the second half as the two Canadian forwards tussle for control of the Art Ross and Hart trophies.

McDavid has impressed not only Gretzky, the NHL's all-time leading scorer, but stars across the league. A few offered thoughts on what stuck out most about the emerging 20-year-old.

THE CANADIAN PRESS



**"His speed and his ability to control the puck with the speed that he has, I think, is phenomenal."**

Erik Karlsson, Ottawa Senators captain

**"I don't quite get how ... he can separate from players so quickly with those first three steps."**

Tyler Seguin, Dallas Stars centre



**"He brings it every night and that's why he's at the top of the points race."**

Taylor Hall, New Jersey Devils winger

**"You have to defend the right way on him. (But) sometimes you just can't control it."**

Joe Pavelski, San Jose Sharks captain



**"There's one or two plays a game that you can't do anything about (his speed)."**

Seth Jones, Columbus Blue Jackets defenceman



**DOWNLOAD METRO'S NEW APP NOW**

•LOCAL NEWS • VIEWS • LIFE • SPORTS

>>>

OFFLINE  
READING

## YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to [metronews.ca/games](http://metronews.ca/games)



4	3	8	1	9	6	7	2	5
9	7	1	5	2	8	4	6	3
6	2	5	4	7	3	9	8	1
7	1	2	3	8	9	6	5	4
5	9	4	7	6	1	8	3	2
3	8	6	2	4	5	1	9	7
2	5	9	8	1	4	3	7	6
8	4	3	6	5	7	2	1	9
1	6	7	9	3	2	5	4	8



CFL

## Eskimos' Bowman staying put

Adarius Bowman chose the comforts of home over potential free agency.

The veteran receiver signed a one-year contract extension Tuesday that will keep him with the Edmonton Eskimos through the 2018 season. A three-time CFL all-star, Bowman would've been a hot commodity on the free-agent market after the '17

season but the Tennessee native feels Alberta is home now.

"Edmonton is my happy place right now so I try and stay here as much as possible," Bowman told reporters. "It only makes sense, this is home for me now."

The six-foot-three, 215-pound Bowman had a team-record 120 catches last year for a league-leading 1,759 yards with nine

TDs. He added six receptions for 114 yards and two touchdowns in the playoffs.

Bowman made his CFL debut with the Saskatchewan Roughriders in 2008 and spent two years with the Winnipeg Blue Bombers before signing with the Eskimos as a free agent in January 2011.

THE CANADIAN PRESS

# Epping opens up about coming out

CURLING

## Openly gay skip says he's backed by fellow athletes

It has been over five years since curler John Epping told family, friends, and peers in his sport's community that he was gay.

"I got a ton of messages," he said. "And the way people tried to relate it to me was just to say, 'Hey it's OK, we've got your back.' It came in so many different ways. It was pretty special."

Epping knew there was growing interest in his story about being a gay athlete in a men's team sport, but held off on sharing the news more widely as he didn't want it to be a distraction for his team. So there was no news conference, no statement, no television feature.

"If somebody asks, I just talk about it," Epping told The Canadian Press in his first in-depth interview on the subject. "And I know I probably should do more of these because it can help people. But I just look at it like, I haven't thought about going around broadcasting that I'm a gay person curling."

"This is my life. This is me, it's a part of life, it's what it is."

The number of active elite male athletes who have revealed that they're gay has risen in recent years, although it's still a rarity at the professional level and in the curling world. For Epping, it's a bonus to weigh in on a subject that could make things easier for someone who might be thinking about following his lead.

"If it can make a difference for one person reading this story or even just one person in my life, if I can influence or help



John Epping came out to his friends and family about five years ago. MICHAEL BURNS/TORSTAR NEWS SERVICE

in a positive way — right on," he said. While it was difficult to initially come out, Epping felt it worked out very well. The three-time Grand Slam winner said he received "loads of support" from teammates, friends, family, and sponsors.

"I was lucky and spoiled," he said after a recent practice session at the Leaside Curling Club. "I hope it would be that way for everybody but I know it's not. I know we still have a long way to come in sports in general."

Epping, a 33-year-old native of Peterborough, Ont., won his first Grand Slam in 2008 — The National — as a second on Wayne Middaugh's team. His first Slam title as a skip came in 2012 at the Players' Championship and he won the Canadian Open in 2015 with his current lineup of Mat Camm, Patrick Janssen and Tim March. The 2006 Canadian mixed champion has also played

in the last two Olympic Trials.

"I think I (should be) in my prime the next four or five years. I hope people see that as a good thing or a positive thing, that there's a gay athlete out in their sport, in their prime. I think that's good to see."

His rink is currently ranked seventh in the world. Epping also plays mixed doubles — a discipline that will make its Olympic debut next year — and holds the No. 8 spot in the Canadian rankings with Lisa Weagle of Ottawa.

Epping serves as an ambassador for You Can Play, an organization that works to ensure safety and inclusion for all who participate in sports, including LGBTQ athletes, coaches, and fans. "It's great to be involved with an organization like that, and trying to promote that and spread that," he said. "But like I said I've been lucky."

THE CANADIAN PRESS

## IN BRIEF

### Rangers extend Vigneault contract by two years

The New York Rangers have signed coach Alain Vigneault to a two-year contract extension that runs through the 2019-20 season.

The 55-year-old Vigneault was under contract through next season under the five-year deal he signed in June 2013. Vigneault said Tuesday that general manager Jeff Gorton initially brought up the topic last summer and talks began about a month ago.

THE ASSOCIATED PRESS

## PREMIER LEAGUE

## Chelsea still in sight after Anfield draw

Simon Mignolet saved a late penalty after being at fault for an early goal, earning Liverpool a 1-1 draw against Chelsea that slowed the leaders' charge to the Premier League title.

The Belgium goalkeeper was caught unawares by an opportunistic free kick from David Luiz in the 24th minute as Chelsea took the lead against the run of play at Anfield on Tuesday.

Georginio Wijnaldum equalized for Liverpool in



Simon Mignolet  
GETTY IMAGES

the 57th before Mignolet turned Diego Costa's penalty around the post in the 76th. That save meant Liverpool avoided a fourth straight home loss in all competitions for the first time since 1923 and stayed 10 points behind Chelsea with 15 games left.

THE ASSOCIATED PRESS

## metro OBITUARIES

To place an obituary, visit [www.metronews.ca/obits](http://www.metronews.ca/obits)



Direct Cremation

**\$1180** + GST\*

Traditional Burial

**\$2995** + GST\*  
+Casket\*

FUNERAL DIRECTOR ON CALL 24 HOURS

\*Of Average Size \*Prices subject to change

780-457-6600 | 10969 101 ST NW, EDMONTON, T5H 2S9 | FGMEMORIAL.CA

## In Memoriam

As a free service to the community and funeral service providers, Metro Edmonton notes the following deaths with or without the placement of an obituary.

DEYE, YVONNE OLIVIA

Date of Death: January 26, 2017

Age: 89 years

Park Memorial Funeral Home

(780-426-0050)

SOLODUK, DONNA

Date of Death: January 28, 2017

Age: 76 years

metro OBITUARIES



MAKE IT TONIGHT

# Spicy Enchilada Stuffed Sweet Potatoes



PHOTO: MAYA VISNVE

**Ceri Marsh & Laura Keogh**  
For Metro Canada

You won't miss the taco shell once you combine sweet potatoes with a meat filling that delivers rich flavours.

**Ready in 1 hour**

Prep time: 30 minutes  
Serves 4

**Ingredients**

- 4 medium sweet potatoes
- 1 Tbsp oil
- 1 onion, diced
- 3 cloves garlic, minced
- 1 lb ground beef
- ¼ tsp salt
- 1 Tbsp chili powder
- 1 tsp cumin
- ½ tsp ground dry mustard
- ¼ tsp cinnamon
- ¼ tsp garlic salt
- ½ tsp dried oregano
- ½ a 156 ml can of tomato paste
- butter
- Monterey Jack Cheese
- sour cream
- cilantro

**Directions**

**1.** Preheat oven to 425 degrees. Scrub sweet potatoes and pierce a few times with a fork. Place on baking sheet and bake 40 - 45 minutes, until easily pierced with a fork.

**2.** Meanwhile, add oil to a medium-sized pan over medium-low heat. Add garlic and onion and sauté until tender, about 5 minutes. Add beef to the pan, sprinkle with salt and sauté until cooked through. Drain fat if needed/desired. Add chili powder, cumin, mustard, cinnamon, garlic salt and oregano and stir. Add tomato paste and stir again until incorporated. Simmer for 5 minutes, stirring occasionally.

**3.** Remove potatoes once they've cooked through, slice down middle and, using a fork, break up filling and add a bit of butter. Spoon enchilada filling over top. Dress with additional toppings and enjoy

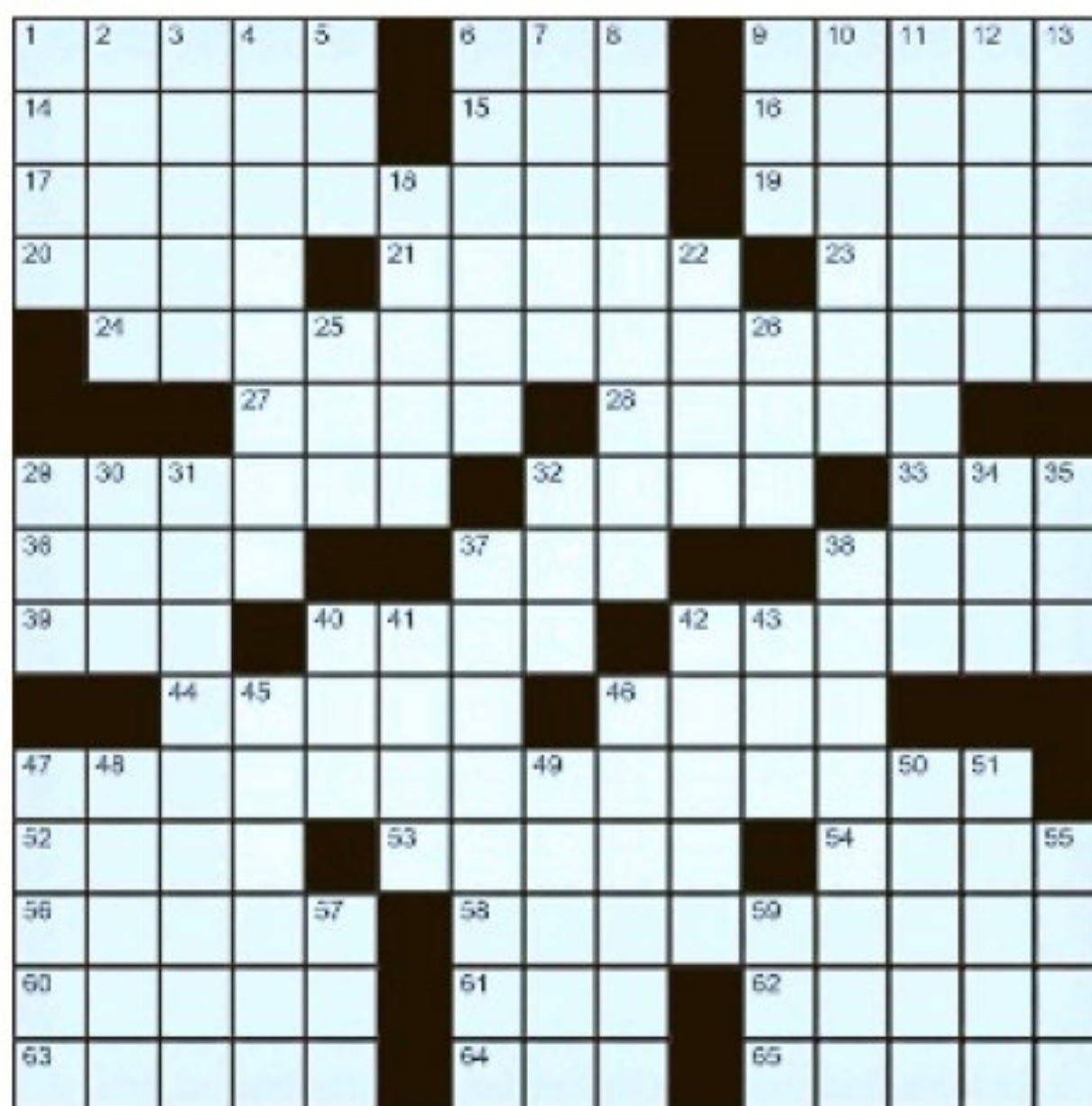
FOR MORE MEAL IDEAS, VISIT  
SWEETPOTATOCHRONICLES.COM

## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

**ACROSS**

- Renault 5 super-mini, as it was also known: 2 wds.
- 'Start With Trust' is this org.'s slogan
- Willie of 'Charles in Charge'
- 'It's \_\_\_ to the finish!'
- Swiss river, variantly
- Letting-in-the-cold problem
- Soup/salad/sandwich setting
- Astrology sign
- Lhasa \_\_\_ (Small dog)
- Open, as a cage
- Eight: Spanish
- Montreal-born 'Shark Tank' star Kevin O'Leary recently became a candidate for the what in Canadian politics?: 2 wds.
- Everly Brothers: 'All I Have to \_\_\_ Dream'
- Expletive eliminator
- Gain more sense: 2 wds.
- Orbison and Rogers
- Noun modifier, briefly
- Listen
- White tie suit, commonly
- Between harbours
- 'Little \_\_\_ lot?' (Quantity query)
- 'Dirty Jobs' host Mike
- Coffee machine's daily change
- Play the radio



- loudly
- Release-from-jail money
- Waterway between mainland Labrador and Newfoundland island: abbr. + wd. + wd. + wd.
- Linked
- Flight segment
- Pub order
- The end.
- Super-small
- Moved as molasses
- Utmost degree
- Someone sore
- Fashion designer's creation
- '\_\_\_ whiz!'

- Tractor company, John \_\_\_
- '\_\_\_ Land' (2016)
- Spew as a volcano
- Nova Scotia community near Chedabucto Bay

- Granted via agreement
- Showbiz practice run, briefly
- 'B.' of US President Lyndon B. Johnson's name
- 'La \_\_\_' by Ritchie Valens
- Loaf storer

- Dictionary abbr.
- Song-like
- Go by in the parade: 2 wds.
- D-J link
- Brownstone stairway
- Spring flower
- Be dependent
- Toi: English
- Home [abbr.]
- UN wellness agency
- Occupational suffix
- Beach's refreshing wind: 2 wds.
- Regret
- Actor, Billy \_\_\_ Williams
- Jam container
- President Trump's techie hobby
- Seasoning in jerk chicken
- Brit. fliers
- Eyeballs
- Figure in enchanted tales, olde-style
- Sundial number
- Family of Archie's comical friend Veronica
- \_\_\_ Spirit (Noel Coward play)
- Rose to one's feet
- Indian Ocean arm, \_\_\_ Sea
- Espresso style
- Willoway
- Participate
- Pericles, Prince of \_\_\_
- Dates not as ancient as BCs
- Edible no longer

## IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
Today, you have the advantage over all the other signs because the Moon is in your sign. This means you can ask the universe for a favour. (It also makes you more emotional than usual.)

**Taurus** April 21 - May 21  
You will prefer to work alone or behind the scenes today, and that's just fine. You have been so high-viz lately that you need some privacy.

**Gemini** May 22 - June 21  
You will enjoy schmoozing with others today, especially a female acquaintance. You might discuss future travel plans with someone, because you definitely need a change of scenery.

**Cancer** June 22 - July 23  
Private details about your personal life might become public today for some reason. People are talking about you. Let's hope it's good stuff. (Fingers crossed.)

**Leo** July 24 - Aug. 23  
Do something different today, because you are restless and in the mood for a bit of adventure. Obviously, if you can travel somewhere, this will please you.

**Virgo** Aug. 24 - Sept. 23  
Focus on red-tape details regarding inheritances, taxes, debt and shared property. Get information so that you can better handle disputes about these matters.

**Libra** Sept. 24 - Oct. 23  
Because the Moon is opposite your sign today, this means you have to go more than halfway when dealing with others. In two weeks, when the Moon is in your own sign, you have the edge.

**Scorpio** Oct. 24 - Nov. 22  
Do whatever you can to get better organized today, because this will please you. Tidy up messy areas both at home and at work.

**Sagittarius** Nov. 23 - Dec. 21  
This is a playful, flirtatious day for you! Enjoy schmoozing with others. Sports events, fun activities with children and social outings will delight.

**Capricorn** Dec. 22 - Jan. 20  
Home, family and your personal life are your top priorities today. A conversation with a female relative (Mom?) could be significant.

**Aquarius** Jan. 21 - Feb. 19  
When talking to others today, you want to get down to the nitty-gritty of things. You don't want superficial chitchat about the weather. You also want to express your feelings.

**Pisces** Feb. 20 - March 20  
Money and financial issues are your concerns today. However, be careful if you are shopping, because you might shop according to your wishes, which really are not practical. Keep your receipts.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



# They asked me about BIM at the interview...

Digital School Technical Design College prepares you for a future in Building Information Modeling (BIM).

86% of designers surveyed in the Canadian Architecture, Engineering & Construction industry indicated they would be using BIM within the next year.\*

\*NBS International BIM Report 2016

## Will You Be Ready?



FOR MORE INFORMATION

780.414.0200  
digitalschool.ca



# Panda Hut EXPRESSIONS



"Peace of mind is important.  
Piece of BBQ pork rib is a close second."

## MONDAY SPICY CHICKEN COMBO



**\$9.95**

## TUESDAY RICE & NOODLES



**1/2 PRICE**

## WEDNESDAY SENIORS DAY!



**ALL MENU ITEMS 20% OFF!**

## THURSDAY CHICKEN SATAY



**\$1.19**

# Panda Hut EXPRESS

14204 118 Ave. NW

**587-473-3663**

Hours 11AM-10PM Sunday till Thursday  
11AM-11PM Friday and Saturday



10879 23 Ave. NW

**780-473-3663**

Hours 11AM - 11PM Daily

**FREE ALL DAY DELIVERY**

With any order over \$34  
starting at 11AM

**ORDER ONLINE @ [pandahutexpress.net](http://pandahutexpress.net)**

### SOUPS & STARTERS

Wonton Soup	\$3.95	\$7.95
Wor Wonton Soup	\$8.95	\$17.95
Hot & Sour Soup	\$4.95	\$9.95
Chicken Noodle Soup	\$8.95	
Thai Prawn Soup	\$10.50	
Thai Coconut Chicken Soup	\$10.50	
Hot & Spicy Mixed Vegetable Soup	\$9.95	
Kimchi	\$3.50	
Chicken Egg Roll	\$3.95	
Vietnamese Spring Rolls	\$3.75	\$7.50
Vegetarian Spring Rolls	\$3.75	\$7.50
Spicy Chicken Spring Rolls	\$7.50	
Green Onion Cake	\$3.25	
Dry Garlic Ribs	\$10.95	
Deep Fried Wonton with		
Crab Meat & Cream Cheese	\$8.95	\$11.95
Regular Deep Fried Wontons	\$11.95	
Chicken Dumpling	\$8.95	\$11.95
Pork Dumplings	\$8.95	\$11.95
Chicken Wings	\$11.95	
Calamari with Aioli	\$11.95	
Salt and Pepper Squid	\$12.50	

### RICE AND CHOW MEIN (NOODLES)

Panda Special Chow Mein	\$13.50
Shrimp Chow Mein	\$13.50
Malaysian Chow Mein	\$12.50
Curry Beef Chow Mein	\$12.50
Sambal Noodle	\$12.50
Beef Chow Mein	\$11.95
Chicken Chow Mein	\$11.95
BBQ Pork Chow Mein	\$11.95
Pad Thai	\$11.95
Vegetarian Chow Mein	\$10.95
Singapore Noodles	\$11.50
Shanghai Noodles	\$11.50
Peking Noodles	\$11.95
Special Fried Rice	\$10.95
Shrimp Fried Rice	\$10.95
Kimchi Fried Rice	\$10.95
Hawaiian Fried Rice	\$11.50
Malaysian Fried Rice	\$11.50
Minced Beef and Basil Fried Rice	\$9.95
Chicken Fried Rice	\$9.95
Beef Fried Rice	\$9.95
BBQ Pork Fried Rice	\$9.95
Veggie Fried Rice	\$9.95
Mushroom Fried Rice	\$9.95
Egg Fried Rice	\$8.95
Coconut Rice	\$3.95
Steamed Rice	\$2.95

### SEAFOOD

Deep Fried Shrimp	\$15.95
Kung Po Shrimp	\$15.95
Basil Shrimp	\$15.95
Lemongrass Shrimp	\$15.95
Garlic Shrimp with Broccoli	\$15.95
Shrimp with Black Bean Sauce	\$15.95
Shrimp with Stir Fry & Fresh Vegetables	\$15.95
Yum Yum Peach Shrimp	\$18.95
Salt & Pepper Shrimp	\$18.95
Shrimp with Sweet Peas	\$16.95
Curry Shrimp	\$16.95
Butter Garlic Shrimp	\$16.95
Curry Squid	\$13.95
Curry Fish	\$16.95
Three Flavoured Fish Fillet	\$14.95
Shrimp with Sweet Peas	\$16.95
Curry Shrimp	\$16.95
Butter Garlic Shrimp	\$16.95
Curry Squid	\$13.95

Curry Fish	\$16.95
Three Flavoured Fish Fillet	\$14.95

### CHOP SUEY

Special Chop Suey	\$11.95
Shrimp Chop Suey	\$11.95
Chicken Chop Suey	\$10.95
Beef Chop Suey	\$10.95
BBQ Pork Chop Suey	\$10.95
Mushroom Chop Suey	\$10.95
Vegetarian Chop Suey	\$10.95

### CHICKEN & PORK

Lemon Chicken	\$13.95
Thai Style Spicy Chicken with Diced Veggies	\$13.95
Shredded Crispy Chilli Chicken	\$12.95
Orange Chicken	\$13.95
General Tao's Chicken	\$13.95
Sesame Chicken	\$13.95
Ginger Chicken	\$13.95
Chicken with Cashew Nuts	\$13.95
Chicken with Sweet Peas	\$13.95
Chicken with Basil	\$13.95
Green Curry Chicken	\$14.50
Curry Chicken	\$13.95
Kung Po Chicken	\$12.95
Lemongrass Chicken	\$12.95
Sweet and Sour Chicken Balls	\$8.95 \$11.95
Chicken with Black Bean Sauce	\$12.95
Honey Garlic Chicken	\$13.50
Salt and Pepper Pork Chop	\$13.95
Pork Chop with Lemon Sauce	\$13.95
Sweet and Sour Pork	\$12.95
BBQ Pork with Stir Fried Fresh Veggies	\$12.95
Honey Garlic Ribs	\$13.50

### BEEF

Crispy Ginger Beef	\$13.95
Shredded Crispy Chilli Beef	\$12.95
Hunan Beef	\$13.95
Teriyaki Beef	\$13.95
Orange Beef	\$13.95
Beef with Basil	\$13.95
Beef with Broccoli	\$13.95
Beef with Black Bean Sauce	\$13.95
Green Curry Beef	\$14.50
Curry Beef	\$13.95
Beef with Stir Fried Fresh Vegetables	\$13.95
Beef with Sweet Peas	\$13.95
Black Pepper Beef	\$12.95
Lemongrass Beef	\$12.95

### EGG FOO YOUNG

Special Egg Foo Young	\$12.95
Shrimp Egg Foo Young	\$12.95
Vegetable Egg Foo Young	\$11.95
Chicken Egg Foo Young	\$11.95
Beef Egg Foo Young	\$11.95
BBQ Pork Egg Foo Young	\$11.95

### PANDA RICE BOWL

Shrimp Rice Bowl	\$11.50
Chicken Rice Bowl	\$9.95
Beef Rice Bowl	\$9.95
BBQ Pork Rice Bowl	\$8.95

### VEGETARIAN

Stir Fried Fresh Mixed Vegetables	\$10.95
Kimchi Tofu Veggies	\$12.50
Garlic Broccoli	\$10.95
Salt and Pepper Tofu	\$10.95
Sweet Potato Fries	\$7.50
Stir Fried Vegetables with Black Bean Sauce	\$11.50

Stir Fried Vegetables with Coconut Sauce	\$11.50
Stir Fried Vegetables with Thai Style Sauce	\$11.50
Stir Fried Vegetables with Curry Sauce	\$11.50
Stir Fried Vegetables with Hot Sauce	\$11.50
Stir Fried Vegetables with Peanut Sauce	\$11.50
Steamed Fresh Mixed Vegetables	\$10.95

### HOUSE SPECIALITIES

Vegetarian Rice Vermicelli Bowl (with 4 Veggie Spring Rolls)	\$11.95
Lemongrass Chicken Rice Vermicelli Bowl	\$12.95
Lemongrass Beef Rice Vermicelli Bowl	\$13.50
Lemongrass Shrimp Rice Vermicelli Bowl	\$13.95
Chicken Satay Skewers with Peanut Sauce (min 2)	\$1.95
BBQ Pork	\$7.95
Vietnamese Shrimp Salad Rolls	\$4.95

### DINNER FOR ONE \$10.95

Served with Stir Fry Fresh Vegetables, Chicken Fried Rice & Chow Mein

#### CHOICE OF:

• Crispy Ginger Beef OR	• Ginger Chicken OR
• Sweet & Sour Pork OR	• Dry Ribs OR
• General Tao's Chicken OR	• Vegetarian (Tofu, Veggies, Spring Roll, Steamed Rice Instead of Chicken Fried Rice)
• Lemon Chicken OR	
• Chicken Balls OR	
• Deep Fried Shrimp OR	

### DINNER FOR TWO \$34.00

Wonton Soup (2)  
Vietnamese Spring Rolls (2)  
Chicken Satay (2) OR Deep Fried Shrimp (6)  
Crispy Ginger Beef  
Stir Fry Vegetables  
Chicken Fried Rice

### DINNER FOR FOUR \$64.00

Wor Wonton Soup (M)  
Vietnamese Spring Rolls (4)  
Chicken Satay (4) OR Deep Fried Shrimp (12)  
Crispy Ginger Beef  
Lemongrass Chicken  
Stir Fry Fresh Vegetables  
Chicken Fried Rice

### DINNER FOR SIX \$90.00

Wor Wonton Soup (L)  
Vietnamese Spring Rolls (6)  
Chicken Satay (6) OR Deep Fried Shrimp (18)  
Crispy Ginger Beef  
Lemongrass Chicken  
Stir Fry Fresh Vegetables  
Chow Mein Noodles  
Chicken Fried Rice

### DINNER FOR EIGHT \$120.00

Wor Wonton Soup (L)  
Vietnamese Spring Rolls (8)  
Chicken Satay (8) OR Deep Fried Shrimp (24)  
Crispy Ginger Beef  
Lemongrass Chicken  
Sweet & Sour Chicken Balls (16)  
Stir Fry Fresh Vegetables  
Chow Mein Noodles  
Chicken Fried Rice

### PANDAS PLATTER \$34.00

Panda's Platter (Cream Cheese Wontons, Spring Rolls, Dry Garlic Ribs, Green Onion Cakes, Deep Fried Shrimp and Kimchi)

**WE CATER TO ALL PARTIES! Please ask for details.**

Prices subject to change without notice.  
Extra charge may apply for Substitutions.